

NATIONAL SCHOOL LUNCH WEEK

Monday

Beef Taco **2**
 OR Chicken Caesar Wrap
 OR Breaded Chicken Sandwich
 OR Turkey Deli
 OR Combination Pizza

 Baby Carrots
 Corn Off the Cob

Chicken Fajita **9**
 OR Mac N Cheese
 OR Cobb Spinach Salad
 OR Turkey Deli
 OR Combination Pizza

 Celery
 Power Peas

16
No SCHOOL!
 Parent Teacher Conferences

23
Offered Daily
 Ice cold skim, 1%, or fat free chocolate milk, assorted fruit & veggies, assorted deli sandwiches!

Bean & Cheese Burrito **30**
 OR Chicken Nuggets
 OR Italian Wrap
 OR Turkey Deli
 Or Combination Pizza

 Baby Carrots
 Corn Off the Cob

Tuesday

Chef's Salad w/Breadstick **3**
 OR Grilled Cheese w/Tomato Soup
 OR Chicken Nuggets
 OR Roast Beef Sandwich
 OR Pepperoni Pizza

 Cool Cucumbers
 Sweet Corn

Taste it Tuesday!
10
 Southwest Chicken Salad/Tortilla Chips
 OR Mostaccioli w/ Breadstick
 OR Grilled Ham & Cheese Sandwich
 OR Roasted Beef Sandwich
 OR Pepperoni Pizza

 Baby Carrots
 Steamed Broccoli Tops

Chicken Caesar Salad w/CROUTONS **17**
 OR Chicken Alfredo w/ Roll
 OR Meatball Sub
 OR Roasted Beef Sandwich
 OR Pepperoni Pizza

 Cool Cucumbers
 Power Peas

24


Halloween!
31
 Terrifying Taco Salad w/Chips OR
 French Toast Fingers & Spooky Sausage
 OR Freddie Cougar's French Dip
 OR Dracula's Roast Beef Sandwich
 OR Zombie Pepperoni Pizza

 Haunted Hash Browns
 Bewitched Beans

Wednesday

Chicken Nachos Supreme **4**
 OR Bean & Cheese Burrito
 OR Turkey Deli Wrap
 OR Italian Sub
 OR Hawaiian Pizza

 Asian Salad
 Steamed Broccoli Tops

Delayed Start
11
 Chicken Drumstick
 OR Pizza Pocket
 OR Asian Chicken Salad
 OR Italian Sub
 OR Pepperoni Pizza

 Garden Salad
 Mashed Potatoes w/Gravy

Teriyaki Chicken & Rice **18**
 OR Waffles & Sausage
 OR Turkey Deli Wrap
 OR Italian Sub
 OR Hawaiian Pizza

 Hash Browns
 Steamed Broccoli

25
FALL BREAK!

National School Lunch Week is Oct. 9 – Oct. 13th.
Eat lunch that week & be entered to win a bike!

Thursday

Pizza Pocket **5**
 OR Spicy Chicken Sandwich
 OR Taco Salad
 OR Turkey Deli
 OR Cheese Pizza

 Garden Salad
 Green Beans

Popcorn Chicken Bowl **12**
 OR French Dip w/Au Jus
 OR Taco Salad
 OR Turkey Deli
 OR Cheese Pizza

 Baked Beans
 Cool Cucumbers

Mesquite Chicken Drumstick **19**
 OR Pizza Pocket
 OR Italian Chef's Salad
 OR Turkey Deli
 OR Cheese Pizza

 Garden Salad
 Sweet Potato Tots

26

Friday

Juicy Hamburger/ Cheeseburger **6**
 OR BBQ Chicken Sandwich
 OR Popcorn Chicken Salad
 OR Ham & Cheese Deli
 OR Buffalo Chicken Pizza

 Sweet Potato Tots
 Baked Beans

Juicy Hamburger/ Cheeseburger **13**
 OR Popcorn Chicken Wrap
 OR Chicken Nuggets
 OR Ham & Cheese Deli
 OR BBQ Chicken Pizza

 Steamed Mixed Veggies
 Ranch Potato Wedges

Juicy Hamburger/ Cheeseburger **20**
 OR Fish Sandwich
 OR Spicy Popcorn Chicken Salad
 OR Grilled Ham & Cheese Sandwich
 OR Buffalo Chicken Pizza

 Coleslaw
 Hot Garlic Fries

27

 You can pay for school meals through your IC account!

Meal Prices:
 Full Paid Lunch: **\$3.10**
 Reduced Price Lunch: **\$0.40**
 Adult Lunch: **\$3.75**

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 DCSchool Nutrition Program

*Menu subject to change without notice.
 This Institution is an equal opportunity employer.
 In accordance with Federal law and U.S. Department of Agriculture (USDA) policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.*

If your child has a negative balance or does not have money for meals, they will be offered a complimentary meal consisting of the fruits and vegetables of the day at no charge.

