

Monday

H & S Breaded Chicken Sandwich **1**
 OR Pizza Pocket
 OR Chicken Caesar Wrap
 OR Pepperoni Pizza
 OR Assorted Deli Sandwiches

 Fresh Broccoli
 Sweet Corn

Breaded Chicken Sandwich **8**
 OR Beef Nachos Supreme
 OR Turkey Deli Wrap
 OR Pepperoni Pizza
 OR Assorted Deli Sandwiches

 Baby Carrots
 Roasted Broccoli Tops

Tuesday

Juicy Hamburger/Cheeseburger **2**
 OR Chicken & Cheese Taquitos (N)
 OR Popcorn Chicken Salad w/Roll
 OR Cheese Pizza (V)
 OR Assorted Deli Sandwiches

 Cucumbers
 Garlic Fries

Juicy Hamburger/Cheeseburger **9**
 Or Hot Dog
 OR Taco Salad w/Chips
 OR Cheese Pizza (V)
 OR Assorted Deli Sandwiches

 Cucumbers
 Tator Tots

Wednesday

Crispy Chicken Tenders w/Roll **3**
 OR Cheese Ravioli w/Breadstick (V)
 OR Asian Chicken Salad w/Roll
 OR Hawaiian Pizza
 OR Assorted Deli Sandwiches

 Crunchy Celery
 Green Beans

Delayed Start **10**
 Teriyaki Chicken & Rice Bowl
 OR Cheesy Bites w/Marinara (V)
 OR Asian Chicken Salad w/Roll
 OR Hawaiian Pizza
 OR Assorted Deli Sandwiches
 Crunchy Celery
 Refried Beans

Thursday

Juicy Hamburger/Cheeseburger **4**
 OR Popcorn Chicken Bowl w/Roll
 OR Cheese Pizza (V)
 OR Assorted Deli Sandwiches

 Baby Carrots
 Refried Beans

Juicy Hamburger/Cheeseburger **11**
 OR "Fried" Chicken Drumsticks
 OR Cheese Pizza (V)
 OR Assorted Deli Sandwiches

 Baby Carrots
 Mashed Potatoes w/Gravy

Friday

OFFERED DAILY **5**
 Ice cold skim, 1%, or fat free chocolate milk, assorted fruit & veggies, turkey, roast beef, Italian trio, & ham & cheese deli sandwiches!

H & S Breaded Chicken Sandwich **15**
 OR Bean & Cheese Burrito (V)
 OR BBQ Chicken Wrap
 OR Pepperoni Pizza
 OR Assorted Deli Sandwiches

 Fresh Broccoli
 Sweet Potato Fries

Taste it Tuesday **16**
 Juicy Hamburger/Cheeseburger
 Or Soft Pretzel w/Cheese (V)
 OR Chef's Salad w/Breadstick
 OR Cheese Pizza (V)
 OR Assorted Deli Sandwiches
 Baby Carrots
 Garlic Fries

Orange Chicken & Rice Bowl **17**
 OR Meatball Sub
 OR Asian Chicken Salad w/Roll
 OR Hawaiian Pizza
 OR Assorted Deli Sandwiches

 Crunchy Celery
 Spicy Refried Beans

Juicy Hamburger/Cheeseburger **18**
 OR French Toast Sticks w/Sausage
 OR Cheese Pizza (V)
 OR Assorted Deli Sandwiches

 Cucumbers
 Crispy Hash Brown

19


22
****Please note full price lunch will be separate for MS & HS this year. MS is \$2.95 and the HS price has increased to \$3.25****

23 **24** **25**
FALL BREAK!

26
 You can pay for school meals through your IC account!


Breaded Chicken Sandwich **29**
 OR Chicken Nachos Supreme
 OR Italian Wrap
 OR Pepperoni Pizza
 OR Assorted Deli Sandwiches

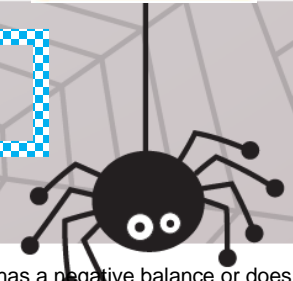
 Baby Carrots
 Green Beans

Juicy Hamburger/Cheeseburger **30**
 Or Chicken Nuggets w/Roll
 OR Taco Salad w/Chips
 OR Cheese Pizza (V)
 OR Assorted Deli Sandwiches

 Fresh Broccoli
 Baked Beans

Halloween **31**
 Ghostly Grilled Cheese w/Tomato Soup (V)
 OR Monster Mac N Cheese (V)
 OR Hocus Pocus Grilled Chicken Salad
 OR Haunted Hawaiian Pizza
 OR Devilish Deli Sandwiches
 Chilling Coffin Celery
 Creepy Crawly Corn

National School Lunch Week is Oct. 15th – Oct. 19th.



Meal Prices:
 Full Paid Lunch MS: \$2.95
 Full Paid Lunch HS: \$3.25
 Reduced Price Lunch: \$0.40
 Adult Lunch: \$4.00

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Menu subject to change without notice.
 This Institution is an equal opportunity employer.
 In accordance with Federal law and U.S. Department of Agriculture (USDA) policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.

your child has a negative balance or does not have money for meals, they will be offered a complimentary meal consisting of the fruits and vegetables of the day at no charge.