

**Monday**      **Tuesday**      **Wednesday**      **Thursday**      **Friday**



1  
Waffles  
Fruit Parfait  
All "Mixed" Up Canned Fruit  
Grape Juice

2  
Cinnamon Roll  
Chilled Pears  
Orange Juice

3 **ZCES No School PTC**  
Scrambled Eggs/Bacon/Toast  
Fruit Parfait  
All-Star Applesauce  
Apple Juice

6  
French Toast Sticks  
Fruit Parfait  
Perfect Peaches  
Orange Juice

7  
Cheese Omelet  
Sponge Bob's Pineapple  
Apple Juice

8  
Breakfast Churro  
Fruit Parfait  
All-Star Applesauce  
Grape Juice

9  
Cinnamon Roll  
Chilled Pears  
Orange Juice

10 *No School*  
*Observing Veterans Day* 

13  
Muffin Top Monday  
Fruit Parfait  
Chilled Pears  
Orange Juice

14  
Denver Scramble  
Awesome Apple Sauce  
Apple Juice

15  
Bagel and Cream Cheese  
Fruit Parfait  
Juicy Mandarins  
Grape Juice

16  
Cinnamon Roll  
All "Mixed" Up Canned Fruit  
Orange Juice


17 **No School Valley ES**  
Breakfast Pizza  
Fruit Parfait  
Juicy Pineapple  
Apple Juice

20  
French Toast Sticks  
Fruit Parfait  
Perfect Peaches  
Orange Juice

21  
Breakfast Wrap  
Amazing Apricots  
Apple Juice

22 *Offered Daily*  
Ice cold skim, 1%, or fat free chocolate milk, assorted cereal w/cheese stick or toast, or breakfast bar!



24   
You can pay for school meals through your IC account!

27  
Pancakes  
Fruit Parfait  
All "Mixed" Up Canned Fruit  
Orange Juice

28  
Breakfast Sandwich  
Juicy Mandarins  
Apple Juice

29  
Scrambled Eggs/Bacon/Toast  
Fruit Parfait  
Sponge Bob's Pineapple  
Apple Juice

30  
Cinnamon Roll  
Amazing Apricots  
Orange Juice



**Meal Prices:**  
Full Paid Lunch: \$1.50  
Reduced Price Lunch: \$0.30  
Adult Lunch: \$2.00

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DCSD School Nutrition Program

*Menu subject to change without notice.*  
*This Institution is an equal opportunity employer.*  
*In accordance with Federal law and U.S. Department of Agriculture (USDA) policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.*

If your child has a negative balance or does not have money for meals, they will be offered a complimentary meal consisting of the fruits and vegetables of the day at no charge.