

# DECEMBER 2017

## Douglas HS & Aspire HS Menu

It's not too late to fill out your 2017/18 annual Free or Reduced Price Meal Application!! You can apply online on your Infinite Campus Account!

Monday

Tuesday

Wednesday

Thursday

Friday



Bean & Cheese Burrito  
OR Kickin' Chicken Nuggets  
OR Italian Wrap  
OR Turkey Deli  
OR Combination Pizza

4

Garden Salad  
Crunchy Carrots

Popcorn Chicken Salad w/Roll  
OR Corn Dog  
OR Spicy Chicken Sandwich  
OR Roast Beef Sandwich  
OR Pepperoni Pizza

5

Cool Cucumbers  
Baked Garbanzo Beans

Orange Chicken & Rice Bowl  
OR Turkey BLT Wrap  
OR Grilled Chicken Sandwich  
OR Italian Sub  
OR Hawaiian Pizza

6

Steamed Broccoli Tops  
Garden Salad

Italian Dunkers  
OR Cobb Spinach Salad  
OR Chicken Quesadilla  
OR Turkey Deli  
OR Cheese Pizza

7

Sweet Corn  
Power Packed Peas

Juicy Hamburger/Cheeseburger  
OR Breaded Chicken Sandwich  
OR Asian Chicken Salad  
OR Ham & Cheese Deli  
OR Buffalo Chicken Pizza

1

-----  
Cool Cucumbers  
Hot Oven Fries

Juicy Hamburger/Cheeseburger  
OR Hot Dog  
OR Southwest Chicken Salad  
OR Ham & Cheese Deli  
OR Buffalo Chicken Pizza

8

Garden Salad  
Hot Garlic Fries

Crunchy Beef Taco  
OR Chicken Caesar Wrap  
OR Breaded Chicken Sandwich  
OR Turkey Deli  
OR Combination Pizza

11

Refried Beans  
Garden Salad

Chef's Salad w/Breadstick OR  
Grilled Cheese Sandwich w/Tomato Soup  
OR Crispy Chicken Tenders  
OR Roast Beef Sandwich  
OR Pepperoni Pizza

12

Cool Cucumbers  
Steamed Carrots

**Delayed Start All Schools**

13

Pizza Pocket  
OR Cheese Raviolis  
OR Turkey Deli Wrap  
OR Italian Sub  
OR Hawaiian Pizza  
Garden Salad  
Celery Swords

Chicken Nachos  
OR Spicy Chicken Sandwich  
OR Taco Salad  
OR Turkey Deli  
OR Cheese Pizza

14

Green Beans  
Fresh Broccoli Tops

Juicy Hamburger/Cheeseburger  
OR BBQ Chicken Sandwich  
OR Popcorn Chicken Salad  
OR Ham & Cheese Deli  
OR BBQ Chicken Pizza

15

Sweet Potato Tots  
Garden Salad

Buffalo Chicken Drumstick w/Roll  
OR Homemade Chicken Tortilla Soup  
Served w/Half Cheese Quesadilla  
OR Chicken Caesar Salad w/Roll  
OR Turkey Deli  
OR Pepperoni Pizza

18

Power Peas  
Crunchy Carrots

**Holiday Meal**

19

Roasted Turkey w/Roll  
OR Fish Sandwich  
OR Spicy Popcorn Chicken Salad w/Roll  
Mashed Potatoes & Gravy  
Garden Salad  
Fresh Fruit  
Homemade Peach Crisp

**Minimum Day DHS**

20

Spicy Burrito  
OR Teriyaki Chicken & Rice Bowl  
OR Asian Chicken Salad  
OR Italian Sub  
OR Hawaiian Pizza  
Fresh Broccoli Tops  
Baby Carrots



**Minimum Day DHS**

21

**National Hamburger Day**  
Juicy Hamburger/Cheeseburger  
OR Popcorn Chicken Wrap  
OR Cobb Spinach Salad  
OR Roast Beef Deli  
OR Cheese Pizza  
Garden Salad  
Cool Cucumbers

**Minimum Day DHS**

22

Regular or Spicy Chicken Sandwich  
OR Grilled Chicken Salad  
OR Ham & Cheese Deli  
OR Buffalo Chicken Pizza  
-----  
Baked Beans  
Celery Stalks

MERRY CHRISTMAS

25



**Offered Daily**

26

Ice cold skim, 1%, or fat free chocolate milk, assorted fruit & veggies, assorted deli sandwiches!

27

**Christmas Break**

28



29

You can pay for school meals through your IC account!

**Meal Prices:**  
Full Paid Lunch: \$3.10  
Reduced Price Lunch: \$0.40  
Adult Lunch: \$3.75

 Like us on Facebook  
DCSD School Nutrition Program

*Menu subject to change without notice.  
This Institution is an equal opportunity employer.  
In accordance with Federal law and U.S. Department of Agriculture (USDA) policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.*

If your child has a negative balance or does not have money for meals, they will be offered a complimentary meal consisting of the fruits and vegetables of the day at no charge.