

# Douglas County School District Health Care Plan:

Coverage Period: 01/01/2015 – 12/31/2015

Summary of Benefits and Coverage: What this Plan Covers & What it Costs **Coverage for: Individual+Spouse,Family|PlanType:HSA**



**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at [www.hometownhealth.com](http://www.hometownhealth.com) or by calling 1-800-336-0123

Important Questions	Answers	Why this Matters:
<b>What is the overall deductible?</b>	\$1,500 Individual \$3,000 Family	You must pay all cost up to the deductible amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the deductible starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the deductible.
<b>Are there other deductibles for specific services?</b>	No	You don't have to meet deductibles for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
<b>Is there an out-of-pocket limit on my expenses?</b>	\$5,800 Individual \$11,600 Family	The out-of-pocket limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
<b>What is not included in the out-of-pocket limit?</b>	Expenses that are not covered or that are in excess of the Usual & Customary and Reasonable allowances; Expenses that become Covered Person's responsibility for failure to comply with the requirements of the Utilization Management Program	Even though you pay these expenses, they don't count toward the out-of-pocket limit. See your plan document for limitations and exclusions.
<b>Is there an overall annual limit on what the plan pays?</b>	No.	The chart starting on page 2 describes any limits on what the plan will pay for specific covered services, such as office visits
<b>Does this plan use a network of providers?</b>	Yes. Please see <a href="http://www.hometownhealth.com">www.hometownhealth.com</a> or call 1-800-336-0123 for a list of participating providers	If you use an in-network doctor or other health care provider, this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred, or participating for providers in their network. See the chart starting on page 2 for how this

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		plan pays different kinds of providers.
<b>Do I need a referral to see a <b>specialist</b>?</b>	No. You don't need a referral to see a specialist.	You can see the specialist you choose without permission from the plan.
<b>Are there services this plan doesn't cover?</b>	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about <b>excluded services</b>

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- **Co-payments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
  - **Co-insurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **co-insurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
  - The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
  - This plan may encourage you to use **in-network** by charging you lower **deductibles**, **co-payments** and **co-insurance** amounts.



This Benefit Summary Table lists the Member's responsibility. This table may not include all charges. Items marked with an asterisk (\*) are subject to the Calendar Year Deductible (CYD).

Common Medical Event	Services You May Need	Your cost if you use an		Limitations & Exceptions
		In-network Provider	Out-of-network Provider	
<b>If you visit a health care <b>provider's</b> office or clinic</b>	Primary care visit to treat an injury or illness	20% coinsurance*	40% coinsurance*	—————none—————
	Specialist visit	20% coinsurance*	40% coinsurance*	—————none—————
	Other practitioner office visit	20% coinsurance*	40% coinsurance*	—————none—————
	Preventive care/screening/immunization	\$0	40% coinsurance*	—————none—————
<b>If you have a test</b>	Diagnostic test (x-ray, blood work)	20% coinsurance*	40% coinsurance*	—————none—————

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Common Medical Event	Services You May Need	Your cost if you use an		Limitations & Exceptions
		In-network Provider	Out-of-network Provider	
	Imaging (CT/PET scans, MRIs)	20% coinsurance*	40% coinsurance*	_____none_____
<b>If you need drugs to treat your illness or condition</b>  More information about <b>prescription drug coverage</b> is available at <a href="http://www.hometownhealth.com">www.hometownhealth.com</a> .	Generic drugs	20% coinsurance*	40% coinsurance*	See your plan document for limitations and exclusions.
	Preferred brand drugs	20% coinsurance*	40% coinsurance*	See your plan document for limitations and exclusions.
	Non-preferred brand drugs	20% coinsurance*	40% coinsurance*	See your plan document for limitations and exclusions.
	Specialty drugs	20% coinsurance*	40% coinsurance*	See your plan document for limitations and exclusions.
<b>If you have outpatient surgery</b>	Facility fee (e.g., ambulatory surgery center)	20% coinsurance*	40% coinsurance*	_____none_____
	Physician/surgeon fees	20% coinsurance*	40% coinsurance*	_____none_____
<b>If you need immediate medical attention</b>	Emergency room services	20% coinsurance*	20% coinsurance*	_____none_____
	Emergency medical transportation	20% coinsurance*	20% coinsurance	_____none_____
	Urgent care	20% coinsurance*	40% coinsurance*	_____none_____
<b>If you have a hospital stay</b>	Facility fee (e.g., hospital room)	20% coinsurance*	40% coinsurance*	_____none_____
	Physician/surgeon fee	20% coinsurance*	40% coinsurance*	_____none_____

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		In-network Provider	Out-of-network Provider	
<b>If you have mental health, behavioral health, or substance abuse needs</b>	Mental/Behavioral health outpatient services	20% coinsurance*	40% coinsurance*	Outpatient mental health, substance abuse, and counseling visits for more than 12 visits per calendar year, require prior authorization.
	Mental/Behavioral health inpatient services	20% coinsurance*	40% coinsurance*	—————none—————
	Substance Abuse disorder outpatient services	20% coinsurance*	40% coinsurance*	Outpatient mental health, substance abuse, and counseling visits for more than 12 visits per calendar year, require prior authorization.
	Substance Abuse disorder inpatient services	20% coinsurance*	40% coinsurance*	—————none—————
<b>If you are pregnant</b>	Prenatal and postnatal care	20% coinsurance*	40% coinsurance*	—————none—————
	Delivery and all inpatient services	20% coinsurance*	40% coinsurance*	—————none—————

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		In-network Provider	Out-of-network Provider	
<b>If you need help recovering or have other special health needs</b>	Home health care	20% coinsurance*	40% coinsurance*	Limited to 100 visits per Calendar Year.
	Rehabilitation services	20% coinsurance*	40% coinsurance*	—————none—————
	Habilitation services	20% coinsurance*	40% coinsurance*	—————none—————
	Skilled nursing care	20% coinsurance*	40% coinsurance*	—————none—————
	Durable medical equipment	20% coinsurance*	40% coinsurance*	—————none—————
	Hospice service	20% coinsurance*	40% coinsurance*	—————none—————
<b>If your child needs dental or eye care</b>	Eye exam	Up to \$150	Up to \$150	Limited to 1 examination per 12-month period.
	Glasses	Frames up to \$100	Frames up to \$100	Limited to 1 per 24-month period.
	Dental check up	\$0	\$0	See your plan document for limitations and exclusions.

## Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other <b>excluded services</b> .)		
<ul style="list-style-type: none"> <li>Acupuncture</li> <li>Bariatric Surgery</li> <li>Cosmetic &amp; Reconstructive Surgery</li> </ul>	<ul style="list-style-type: none"> <li>Hearing Aids</li> <li>Infertility Treatment</li> <li>Long Term Care</li> </ul>	<ul style="list-style-type: none"> <li>Non-emergency care when traveling outside the U.S.</li> <li>Routine Foot Care</li> <li>Weight Loss Programs</li> </ul>

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**Other Covered Services** (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Dental Care
- Routine Eye Care
- Chiropractic Care
- Private-duty Nursing

## Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State Laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights may also apply.

For information on your rights to continue coverage, contact the plan at 1-800-336-0123. You may also contact your state insurance department, the U.S Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or [www.dol.gov/ebsa](http://www.dol.gov/ebsa), or the U.S Department of Health and Human Services at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov).

## Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact: [www.hometownhealth.com](http://www.hometownhealth.com) or call 1-800-336-0123.

## Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as “minimum essential coverage.” **This plan or policy does provide minimum essential coverage.**

## Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

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## Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-336-0123.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-336-0123.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码. 1-800-336-0123.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-800-336-0123.

—————*To see examples of how this plan might cover costs for a sample medical situation, see the next page.*—————

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## About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



**This is not a cost estimator.**

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

### Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$4,730
- Patient pays \$2,810

#### Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
<b>Total</b>	<b>\$7,540</b>

#### Patient pays:

Deductibles	\$1,500
Co-pays	\$0
Co-insurance	\$1,310
Limits or exclusions	\$0
<b>Total</b>	<b>\$2,810</b>

### Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$3,120
- Patient pays \$2,280

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
<b>Total</b>	<b>\$5,400</b>

#### Patient pays:

Deductibles	\$1,500
Co-pays	\$0
Co-insurance	\$780
Limits or exclusions	\$0
<b>Total</b>	<b>\$2,280</b>

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## Questions and answers about the Coverage Examples:

### What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **co-payments**, and **co-insurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

### Does the Coverage Example predict my own care needs?

✘ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

### Does the Coverage Example predict my future expenses?

✘ **No.** Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

### Can I use Coverage Examples to compare plans?

✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

### Are there other costs I should consider when comparing plans?

✓ **Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **co-payments**, **deductibles**, and **co-insurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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