

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**LOOK FOR IN SEPTEMBER...**

**1**

Taste it Tuesdays will be back starting in September! Look for the days highlighted on next month's menu.

**OFFERED DAILY**

**2**

Ice cold skim, 1% or fat free milk!

**SEASONAL FRUIT**

**3**

A variety of fresh seasonal fruit is offered throughout the month!



**6**

V = Vegetarian Option  
N= New menu item

**7**

# Welcome Back!

**8**

**9**



**10**

You can pay for school meals through your IC account!

**13**

Cheese Pizza (V)  
-----  
Corn Off the Cobb  
Seasonal Fresh Fruit

**14**

Kickin Chicken Nuggets w/Roll  
-----  
X-Ray Vision Carrots  
All "Mixed" Up Canned Fruit

**15**

Teriyaki Chicken & Rice Bowl  
-----  
Garden Salad  
Seasonal Fresh Fruit

**16**

"Fried" Chicken Drumstick w/Roll  
-----  
Mashed Potatoes w/Gravy  
Amazing Apricots

**17**

Juicy Hamburger/Cheeseburger  
-----  
Tator Tots  
Seasonal Fresh Fruit

**20**

Pepperoni Pizza  
-----  
Sweet Potato Fries  
James & the Giant Peaches

**21**

Crispy Chicken Tenders w/Roll  
-----  
Crunchy Carrots  
Seasonal Fresh Fruit

**22**

Orange Chicken w/Rice Bowl  
-----  
Garden Salad  
Awesome Applesauce

**23**

French Toast Sticks w/Sausage  
-----  
Crispy Hash Brown  
Seasonal Fresh Fruit

**24**

Soft Pretzel w/cheese & cheese stick (V) (N)  
-----  
Garlic Fries  
Sponge Bob's Pineapple

**ZCES 1st Day**

**27**

Cheese Pizza (V)  
-----  
Green Beans  
Seasonal Fresh Fruit

**28**

Mac N Cheese (V)  
-----  
Baked Beans  
All "Mixed" Up Canned Fruit

**29**

Grilled Cheese w/Tomato Soup (V)  
-----  
Garden Salad  
Seasonal Fresh Fruit

**30**

Turkey Deli Sub  
-----  
X-Ray Vision Carrots  
Amazing Apricots

**31**

Super Beef Nachos  
-----  
Tator Tots  
Seasonal Fresh Fruit

**Meal Prices:**  
Full Paid Lunch: \$2.75  
Reduced Price Lunch: \$0.40  
Adult Lunch: \$4.00



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Menu subject to change without notice.  
This Institution is an equal opportunity employer.  
In accordance with Federal law and U.S. Department of Agriculture (USDA) policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.

If your child has a negative balance or does not have money for meals, they will be offered a complimentary meal consisting of the fruits and vegetables of the day at no charge.

