

Monday

Tuesday

Wednesday

Thursday

Friday



5
H & S Breaded Chicken Sandwich
OR Pizza Pocket
OR Chicken Caesar Wrap
OR Pepperoni Pizza
OR Assorted Deli Sandwiches

Garden Salad
Steamed Broccoli

Taste it Tuesday
6
Juicy Hamburger/Cheeseburger
OR Chicken & Cheese Taquitos (N)
OR Popcorn Chicken Salad w/Roll
OR Cheese Pizza (V)
OR Assorted Deli Sandwiches
BURGER BAR
Cucumbers
Garlic Fries

7
Homemade Chicken Noodle Soup
w/Half Sandwich (N)
OR Cheese Ravioli w/Breadstick (V)
OR Asian Chicken Salad w/Roll
OR Hawaiian Pizza
OR Assorted Deli Sandwiches
BUILD YOUR OWN SALAD BAR
Crunchy Celery
Green Beans

1
Juicy Hamburger/Cheeseburger
OR Corn Dog
OR Spicy Popcorn Chicken Salad w/Roll
OR Cheese Pizza (V)
OR Assorted Deli Sandwiches
BURGER BAR
Baby Carrots
Tator Tots

2
Chicken Nuggets w/Roll
OR Rib-B-Que (N)
OR Grilled Chicken Salad w/Breadstick
OR Veggie/Pepperoni Pizza (V)
OR Assorted Deli Sandwiches

Garden Salad
Green Peas

No School Veterans Day
12


13
Juicy Hamburger/Cheeseburger
Or Cheese Quesadilla (V)
OR Taco Salad w/Chips
OR Cheese Pizza (V)
OR Assorted Deli Sandwiches
BURGER BAR
Baby Carrots
Tator Tots

14
Teriyaki Chicken & Rice Bowl
OR Grilled Turkey & Cheese Flatbread (N)
OR Asian Chicken Salad w/Roll
OR Hawaiian Pizza
OR Assorted Deli Sandwiches
BUILD YOUR OWN SALAD BAR
Crunchy Celery

8
Juicy Hamburger/Cheeseburger
OR Popcorn Chicken Bowl w/Roll
OR SW Chicken Salad w/Chips
OR Cheese Pizza (V)
OR Assorted Deli Sandwiches
BURGER BAR
Baby Carrots
Refried Beans

No School Valley Only
9
Offered Daily
Ice cold skim, 1%, or fat free chocolate milk, assorted fruit & veggies, turkey, roast beef, Italian trio, & ham & cheese deli sandwiches!

19
H & S Breaded Chicken Sandwich
OR Bean & Cheese Burrito (V)
OR BBQ Chicken Wrap
OR Pepperoni Pizza
OR Assorted Deli Sandwiches

Garden Salad
Sweet Potato Fries

20
Juicy Hamburger/Cheeseburger
Or Beef or Bean Tacos (V)
OR Taco Salad w/Chips
OR Cheese Pizza (V)
OR Assorted Deli Sandwiches
BURGER BAR
Fresh Veggies
Garlic Fries

21
Try our new homemade chicken noodle soup on Nov. 7th!

Thanksgiving Lunch
15
Roasted Turkey w/Roll
OR "Not So Fried" Chicken
Mashed Potatoes & Gravy
Green Beans
Cranberry Sauce
Pumpkin Bar

16
Chicken Nuggets w/Roll
OR Hot Dog
OR Grilled Chicken Salad w/Breadstick
OR Veggie/Pepperoni Pizza (V)
OR Assorted Deli Sandwiches

Garden Salad
Roasted Broccoli Tops

26
Breaded Chicken Sandwich
OR Chicken Nachos Supreme
OR Italian Wrap
OR Pepperoni Pizza
OR Assorted Deli Sandwiches

Garden Salad
Green Beans

27
Juicy Hamburger/Cheeseburger
Or Grilled Ham & Cheese Flatbread (N)
OR Taco Salad w/Chips
OR Cheese Pizza (V)
OR Assorted Deli Sandwiches
BURGER BAR
Fresh Broccoli
Baked Beans

28
Grilled Cheese w/Tomato Soup (V)
OR Mac N Cheese (V)
OR Asian Chicken Salad w/Roll
OR Hawaiian Pizza
OR Assorted Deli Sandwiches
BUILD YOUR OWN SALAD BAR
Crunchy Celery
Sweet Corn



29
Juicy Hamburger/Cheeseburger
OR Corn Dog
OR Spicy Popcorn Chicken Salad w/Roll
OR Cheese Pizza (V)
OR Assorted Deli Sandwiches
BURGER BAR
Baby Carrots
Tator Tots

23
You can pay for school meals through your IC account!


30
Chicken Nuggets w/Roll
OR Rib-B-Que (N)
OR Grilled Chicken Salad w/Breadstick
OR Veggie/Pepperoni Pizza (V)
OR Assorted Deli Sandwiches

Garden Salad
Green Peas

Meal Prices:
Full Paid Lunch: \$3.25
Reduced Price Lunch: \$0.40
Adult Lunch: \$4.00



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Menu subject to change without notice.
This Institution is an equal opportunity employer.
In accordance with Federal law and U.S. Department of Agriculture (USDA) policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.

If your child has a negative balance or does not have money for meals, they will be offered a complimentary meal consisting of the fruits and vegetables of the day at no charge.